



SAI SPIRITUAL EDUCATION- USA

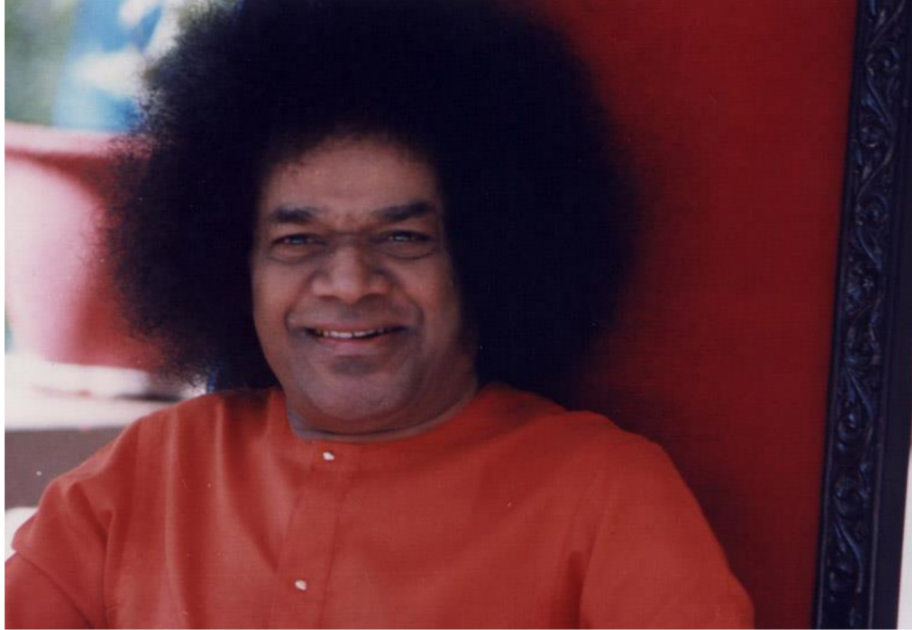
SATHYA SAI SPEAKS

A NATIONAL STUDY CIRCLE INITIATIVE FOR SSE TEACHERS

May 2022

"Reading is not completion of the journey. It is only the first step. Read for the sake of practising; not for reading's sake."

Sri Sathya Sai Baba on May 18, 1968



ABOUT THE DISCOURSE #4 (part 7): Bhagawan Baba delivered a discourse, March 7th 1986 on the occasion of inaugural function of workshop for teachers and field workers involved in the program of Education in Human Values. Text and audio link- <https://saispeaks.sathyasai.org/discourse/mantra-round-your-wrist>

C: The fourth letter of the Panchaakshari teaches one to watch the Character. Character is three quarters of life. The Sadhaka has to direct himself to the acquisition of the three values already mentioned, through steady vigilance. Man is the very embodiment of Love; so, his character finds expression through character saturated with love. A life without Love is really living death. Every thought, word and deed must emanate from Love. Love must bind the community as one; it must strengthen the feeling of brotherhood and satisfy the craving for expansion. Love must reach out to all mankind and to God. When such a steady selfless character is absent in man, he is a lamp less home, a barren cow, a runaway kite drifting helplessly down, a counterfeit coin. Is he observing Truth? Is he virtuous? Has he serenity? Does love motivate him for every action? These are the tests.





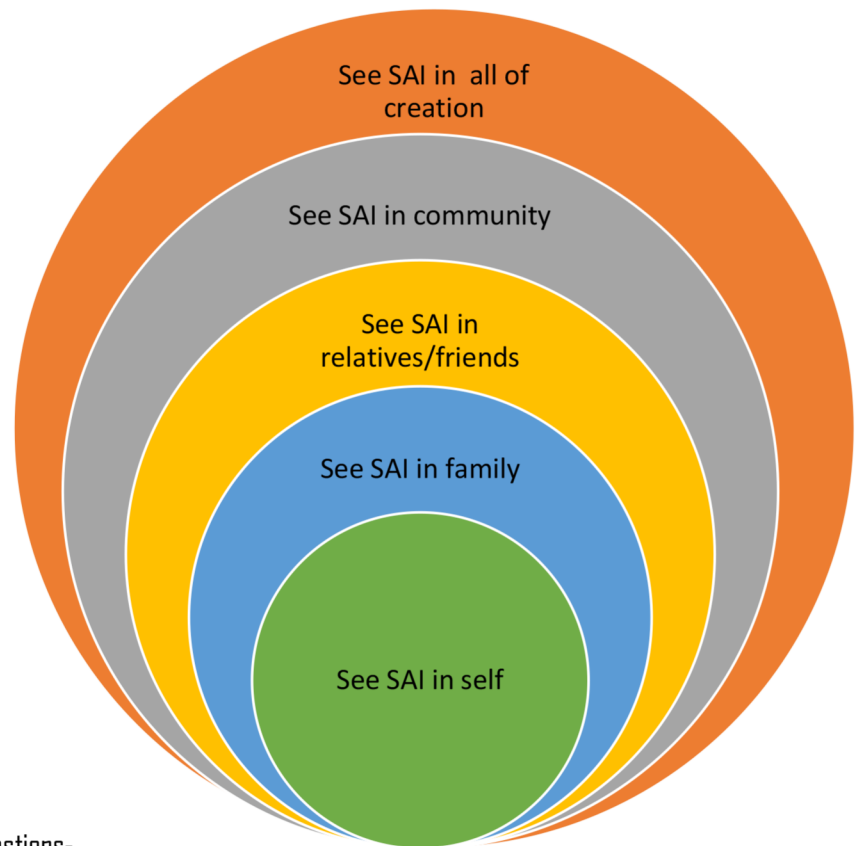
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QUESTIONS TO CONSIDER

- a. Swami says every thought, word and deed must emanate from Love. What steps can we take to ensure this?
- b. What are the practical tips to remain vigilant to safeguard our character?
- c. What can we do to transform our selfish love to expansive love so that we can love all including those who are hostile to us?

Expansive love by seeing SAI everywhere!

<https://sairhythms.sathyasai.org/song/you-are-my-mother>



LIFE APPLICATION (or develop your own LA)

- At the end of the day, ask yourself the following questions-
How were my interactions with family?
How did I conduct myself at work/college?
How were my interactions with the wider community? (Interactions/conduct: was I truthful, loving, righteous, peaceful?)



We would love to hear your study circle experiences or any interesting questions/ insights that you would like to share. Please email us your sharing @ saispiritualeducation@sathyasai.us

