

# SATHYA SAI INTERNATIONAL ORGANIZATION-USA



## SAI SPIRITUAL EDUCATION- NATIONAL REFRESHER AND ENRICHMENT

July 26 2020

**Ready, Sai, Go**

**Group 3- Workbook**

*“When you learn to ride a bicycle, you do not get the skill of keeping the balance immediately. You push the cycle along to an open maidan and hop and skip, leaning now to one side and now to the other and even fall with the cycle upon you on many an attempt, before you are able to ride with skill and never again to worry about the balance. Automatically, you are able to make the necessary adjustments to correct the balance, is it not? After getting this skill, you can ride through the narrow streets and lanes, and you do not need an open road. You can negotiate your vehicle through the most crowded thoroughfares. So, too, practice will equip you with a concentration that will sustain you in the densest of surroundings and the most difficult situations.” Sathya Sai Baba [February 23, 1958]*

## KAHOOT

**Note:** Kindly join online with <https://kahoot.it/> on your cellphone. Pin will be provided during workshop

## TOPIC INTRODUCTION

*Slide #1 Welcome and Introduction*

**Key learnings**

*Slide #1 Activity Track – Ready, Sai, Go - Internalization, shift from abstract to tangible*

**Key learnings**

*Slide #4 -Workshop objective- Expanded view*

**Key learnings**

*Slide #5 Swamy's Quote on Practice in connection with Activity*

**Key learnings**

*Slide #6 How? - Things to ponder around an activity - Holistic or Broader perspective*

**Key learnings**

*Slide #7 How ? - Things to ponder around an activity - Detailed or tactical perspectives*

**Key learnings**

*Slide #8 - Steps involved in planning an activity and expected outcome*

**Key learnings**

*Slide # 9 Where and When ? - Next steps - Ready , Sai, Go*

**Key learnings**

Groupwide Discussions	15 mins – Sathya/Dharma/Shanti/Ahimsa
Activity Exercise	30 mins – Breakout rooms
Sharing and Reflection	20 mins – Sathya/Dharma/Shanti/Ahimsa
Conclusion	10 mins – Prema

**BREAKOUT SESSION:** Each room (SSE Group) will have an introduction session where teachers will learn the age developments and how to address while creating activities. Attendees should be mindful of time when sharing (2 min per group)

Quick videos on tools:

Mentimeter: <https://www.youtube.com/watch?v=Sd0fAenuAnw>

Kahoot: <https://www.youtube.com/watch?v=BJ3Er1-tCMc>

Bitmoji: <https://www.youtube.com/watch?v=OFTkSl4B9I>

- Pick from 3 tools (Kahoot, Mentimeter, Bitmoji or technology of your choice)
- Select one topic to create your activity -(Self Love, Self Awareness/ Self Enquiry, Self Confidence)
- Describe how you will use the selected tool to engage the children
- Describe the learning outcomes or values you want students to learn through this activity
- Create guided questions you will ask the children to analyze and extract the learning
- Summarize at the end what you learnt from this exercise.

Return to Shanti Group for Sharing/Reflection from Breakout Groups

## WRAP-UP

Guest speaker (highlights)

## REVIEW

A) Something new I learnt from the workshop  
B) Concepts that were reinforced and deepened

## COMMIT TO PRACTICE

After review and reflection, commit to bring one new concept/best practice that you learned into regular practice. This is a personal commitment you are making to Swami.