

SATHYA SAI INTERNATIONAL ORGANIZATION-USA



SAI SPIRITUAL EDUCATION- NATIONAL REFRESHER AND ENRICHMENT

July 26 2020

Ready, Sai, Go!

Group 2- Workbook

“When you learn to ride a bicycle, you do not get the skill of keeping the balance immediately. You push the cycle along to an open maidan and hop and skip, leaning now to one side and now to the other and even fall with the cycle upon you on many an attempt, before you are able to ride with skill and never again to worry about the balance. Automatically, you are able to make the necessary adjustments to correct the balance, is it not? After getting this skill, you can ride through the narrow streets and lanes, and you do not need an open road. You can negotiate your vehicle through the most crowded thoroughfares. So, too, practice will equip you with a concentration that will sustain you in the densest of surroundings and the most difficult situations.” Sathya Sai Baba [February 23, 1958]

KAHOOT

Note: Kindly join online with <https://kahoot.it/> on your cellphone
Pin will be provided during workshop

TOPIC INTRODUCTION

Slide #1 Welcome and Introduction

Key learnings

Slide #1 Activity Track - Ready Sai Go - Internalization, shift from abstract to tangible

Key learnings

Slide # 4 -Workshop objective- Expanded view

Key learnings

Slide #5 Swamy's Quote on Practice in connection with Activity

Key learnings

Slide #6 How? - Things to ponder around an activity - Holistic or Broader perspective

Key learnings

Slide #7 How ? - Things to ponder around an activity - Detailed or tactical perspectives

Key learnings

Slide #8 -steps involved in planning an activity and expected outcome

Key learnings

Slide # 9 Where and When ? - Next steps – Ready, Sai, Go

Key learnings

Groupwise Discussions	15 mins – Sathya/Dharma/Shanti/Ahimsa
Activity Exercise	30 mins – Breakout rooms
Sharing and Reflection	20 mins – Sathya/Dharma/Shanti/Ahimsa
Conclusion	10 mins – Prema

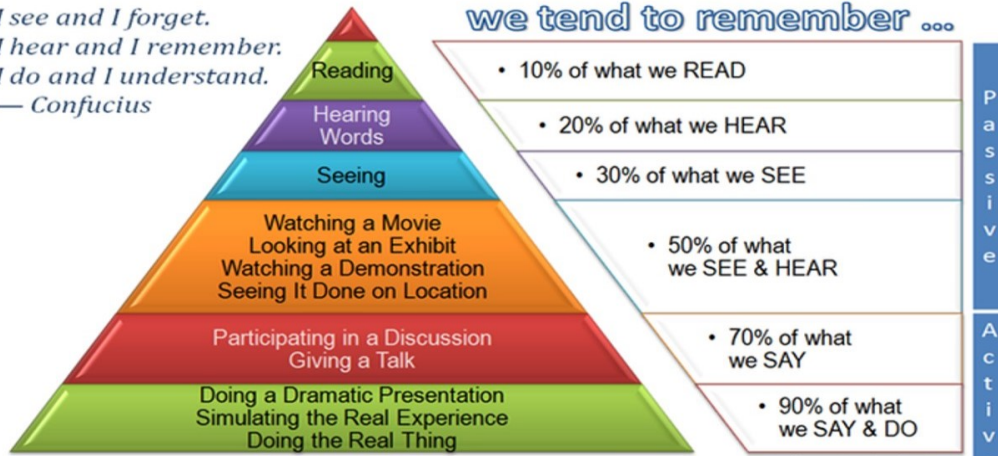
BREAKOUT SESSION - Each room will have an introduction session where teachers will learn the age developments and how to address while creating activities. Attendees should be mindful of time when sharing (2 min per group)

“Practice should always match precept. Whatever you teach should be reflected in your practice. You should personally experience, understand, and have conviction in what you teach. Before you begin to teach a lesson, you yourself must have digested it. Your teaching should come out of the crucible of your experience.” - Spiritual Sadhana, 1978,87

The Cone of Learning

sparkinsight.com

*I see and I forget.
I hear and I remember.
I do and I understand.*
— Confucius



Source: Edgar Dale (1969)

Introduction to Group 2 Children

Type of activities- Reference 176 of SSE manual

Guidelines for breakout- Swami Says - *“Think also of activities through the SSE program that can ensure happiness and harmony for the children in later life” – SS/180,17*
Swami Says - *“Be Happy. Be Happy. Be Happy.”*

Part 1 (5 min) : Brainstorming – What does Happiness mean to you?

- *Please jot down some of your thoughts for using later in breakout group*
- *Also jot down some of your favorite kinds of group activities*

Part 2 (10 min) - Design a group activity related to the Spiritual Principal of Happiness.

- See slide for starter ideas if group is stuck and can't come up with an idea quickly.
- Choose a Group Activity Type (See slide for reference)
- Describe the steps for the activity designed.

Part 3 (5 min)- Write the objectives/values the children will extract from this activity.

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Part 4 (10 min) - Devise 4 questions for the Group 2 SSE children that will indirectly draw out the Human Values or other Spiritual Principles from what happiness means to them.

- 1.
- 2.
- 3.
- 4.

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Part 5 – Return to Larger Dharma Group for Sharing/Reflection from Breakout Groups

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WRAP-UP

Guest speaker (highlights)

REVIEW

- A) Something new I learnt from the workshop
- B) Concepts that were reinforced and deepened

COMMIT TO PRACTICE

After review and reflection, commit to bring one new concept/best practice that you learned into regular practice. This is a personal commitment you are making to Swami.