



SSSIO-USA National SSE Enrichment

Hands On, Hearts In

July 10, 2021



Quote

“I would advise you to pay special attention to the activities and methods by which you can contribute, through the SSE, to the blossoming of talents latent in the children, the expansion of prosperity of the nation and the security and welfare of society.”

Sri Sathya Sai Baba, Sathya Sai Speaks, Volume 14, Chapter 3

Fact or Fiction?



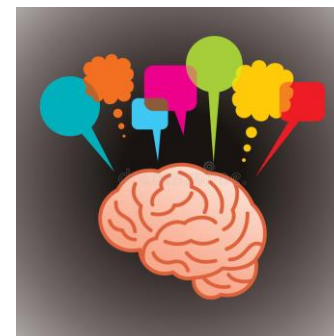
- Activities are only for younger children
- Preparing an activity need a lot of creativity and time
- Activities are not especially useful
- Activities must be always hands-on



Activity should be....



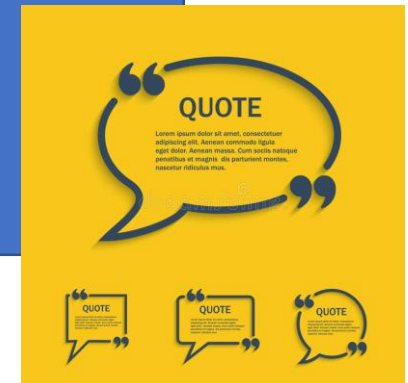
- Simple
- Child focused
- Introspective
- Inspiring



How can we make activities simple and inspiring?



- Use readily available things at home
- Connect the activity to quote or story
- Keep it interactive
- Keep it relevant



How to keep it age appropriate?

- Social
- Emotional
- Physical
- Spiritual



SSE 1



Doing

SSE 2



+ Thinking

SSE 3



+ Planning

SSE 4

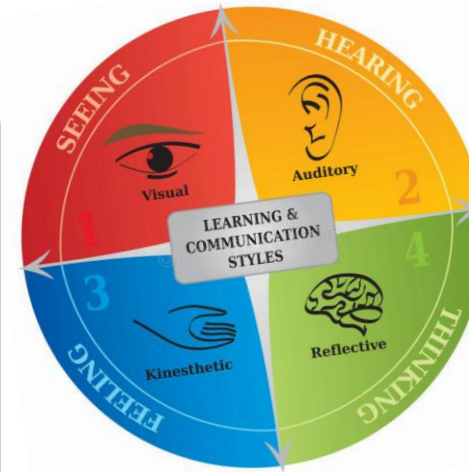


+ Integrating

Why activities are important in an SSE class?



- Caters different learning styles (visual, auditory, and kinesthetic)
- Impacts different “koshas”
- Brings in joy and creativity into the class



Some benefits of doing activity in SSE class



- Activities can be a starting point for the discussions
- Helps children see problems as opportunities and discover value-based solutions
- Easy way to absorb the value
- Help focus more on self-improvement



Summary



Activities bring out latent talents in the children

Activities are for all age groups of SSE

Keep it Simple, Relevant and Age appropriate

Caters different learning styles and impact “koshas”

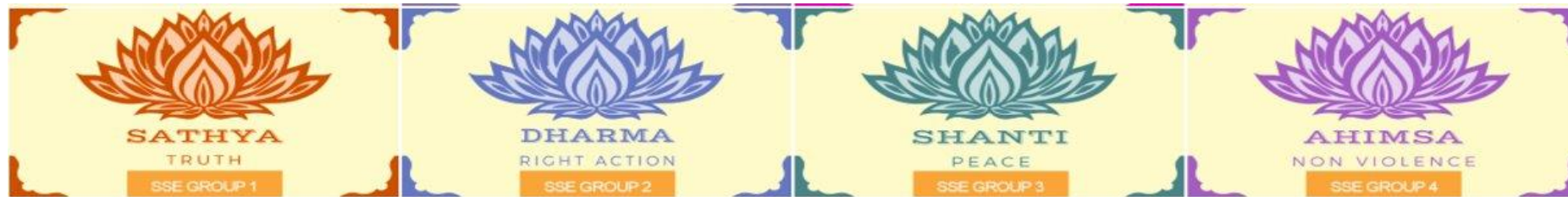
Help focus more on Self-improvement

Every child is a WINNER!!



Hands-on Activity

We will spend next 55 minutes in SSE Classroom and break out rooms for further deep dive of ACTIVITY



Please come back to “PREMA” Room for wrap-up

Reflections and Commitment



Commence the Action for Change: Letter to Swami

Dear Swami,

Inspired by Your Guidance within me and after today's inspiring workshop, I choose to commit to:

With Your Guidance, I seek Your Blessings to put these into practice and I promise to do my best! <Signature>

Let's not forget

"Every child is a winner" and that is the ULTIMATE GOAL



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