

SSSIO-USA National SSE Enrichment

Hands On, Heart In SSE Group 4 – Ahimsa room

July 10, 2021

Break Out Room – Hands on Activity



Component of lesson plan

Identify the spiritual principle

Create an activity based on the component/spiritual principle

Time permitting,
Identify other
components while
creating activity

Write down an Affirmation

How to Keep Age in Mind for Activity?



SSE 1



Doing

SSE 2



SSE 3



+ Planning

SSE 4



+ Integrating

Sample Activity - 'Creations of Love' Quote



"Deem yourself as Divine. Live with this firm conviction. The divinity in every being should be revered. You have to recognize unity in diversity. "Beings are many, but breath is one."

Sathya Sai Baba June 26th , 1994 (SSS, Vol 27)

Materials used: Pipe cleaners

Demo Activity- 'Creations of love'- Video



Quote: You have to recognize unity in diversity. "Beings are many, but breath is one



Value – Truth
Sub – Value Unity in
Diversity

Activity to help us understand one another and observe the unity that is within all our apparent differences.

Materials for the break out room



Stationery for all activities for all the groups	List of Materials for Group 4 (Bring any 6 to 8 out of these)
Pencil Pen Markers/Color pencil Permanent marker Cello tape Scissors Ruler Elmer glue	Yarn Plain Paper/ construction paper Paper bag/Paper plates/paper cups Pipe cleaners - few Popsicle sticks – few Skewer sticks- few Stones of various sizes Scarf Cardboard box Face Mask Tooth picks Newspaper Sugar Salt

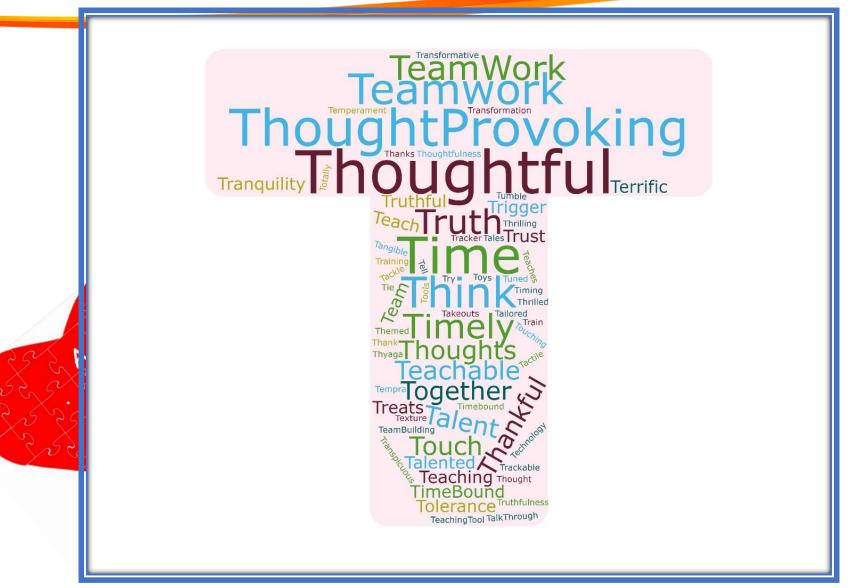




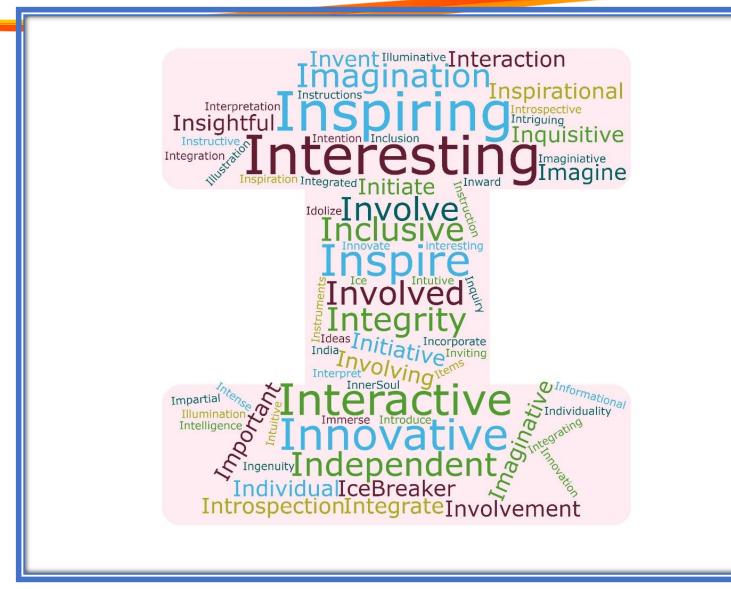












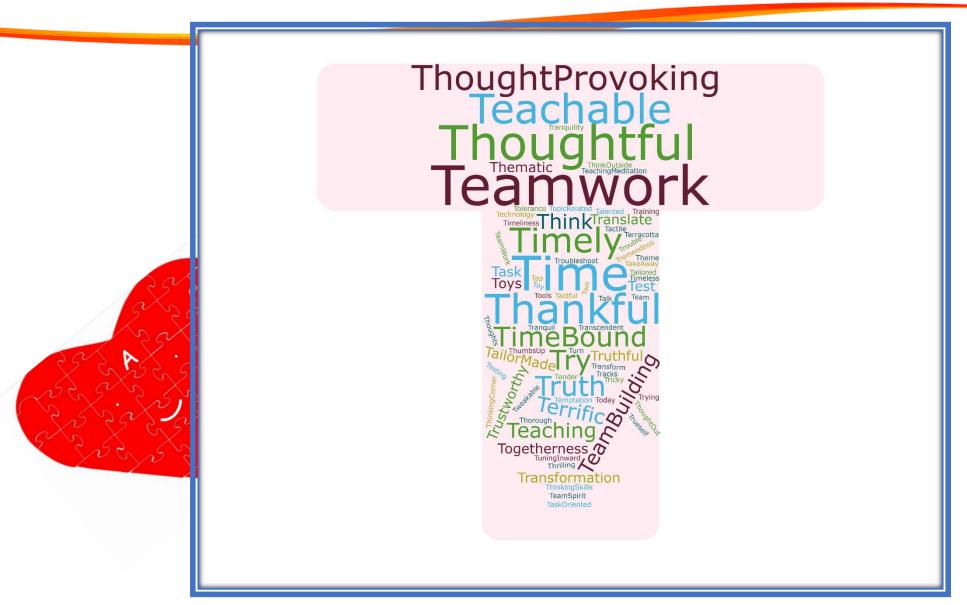




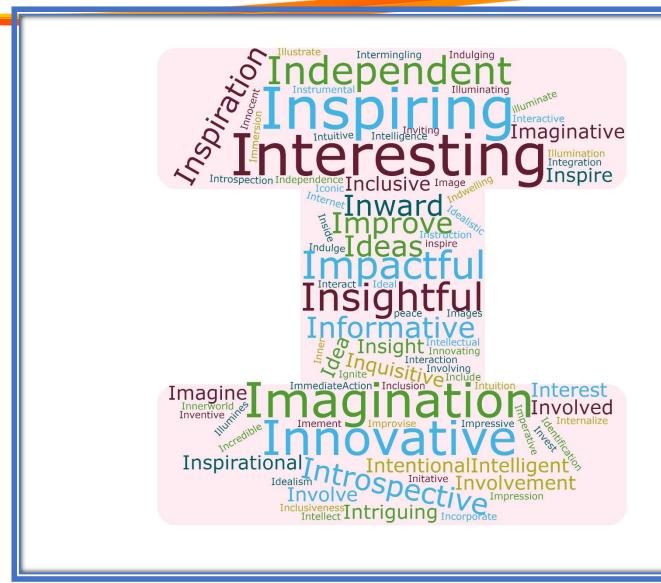




















HANDS-ON ACTIVITY



Please go to your respective Breakout Rooms for Hands-on Activity



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