



# SSSIO-USA National SSE Enrichment

Workshop Title  
SSE Group 3 - Shanti

*July 10, 2021*

# Activity



## Component of lesson plan

Quote

Story

Life Application

Song

Identify the  
spiritual  
principle

Time permitting,  
Identify other  
components  
while creating  
activity

Create an  
activity based  
on the  
component/  
spiritual  
principle

Write down an  
Affirmation

# How to Keep Age in Mind for Activity?



**SSE 1**



**Doing**

**SSE 2**



**+ Thinking**

**SSE 3**



**+ Planning**

**SSE 4**



**+ Integrating**

# Sample Activity for Demo Quote



*Divinity, which exists in every individual, is associated with the five cognitive senses: sound, touch, vision, taste, and smell. To recognize the nature of this truth, **man should first attain the unity of thought, word, and deed** and bring about complete harmony in them. This is the real spiritual practice.*

[Sri Sathya Sai Speaks, Vol 32 \(1999\) April 28 1999](#)

# Unity in Thought, Word, and Deed

## Sample Activity Video – Braided Newspaper Bookmark



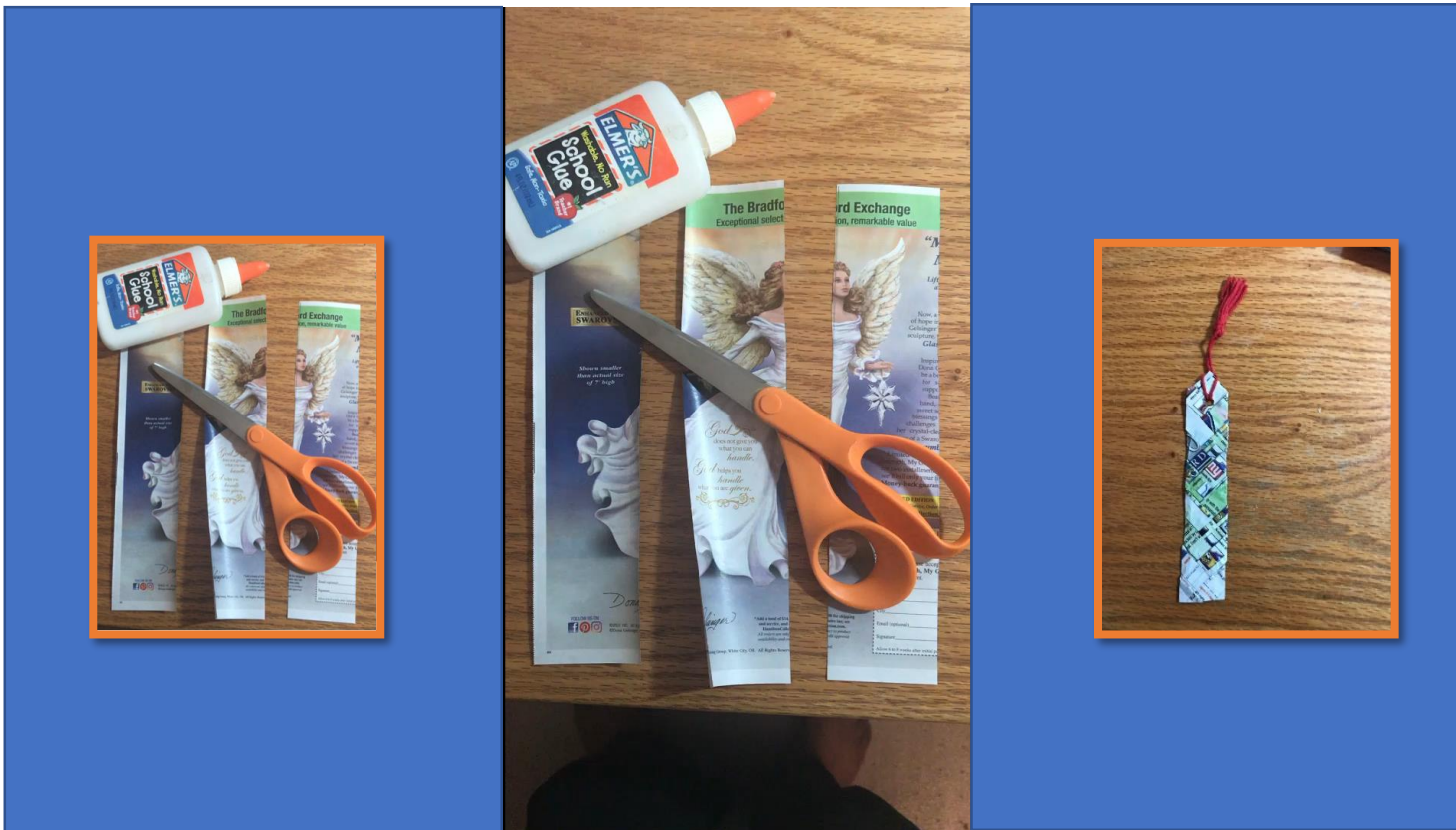
QUOTE: *To recognize the nature of this truth, **man should first attain the unity of thought, word, and deed** and bring about complete harmony in them.*

[Sri Sathya Sai Speaks, Vol 32 \(1999\)](#)

### Source of Inspiration

Hence one's life should reflect the **unity of thought, speech and action**. Devotion should also be the unified expression of love for God, action in the service of God and total surrender to the will of God. These are intertwined like the **braid** of a woman's tresses.

[Sri Sathya Sai Speaks, Vol 29 \(1996\)](#), 05 September 1996



# MATERIALS LIST

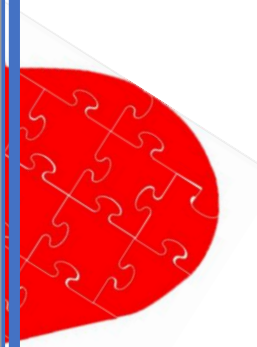
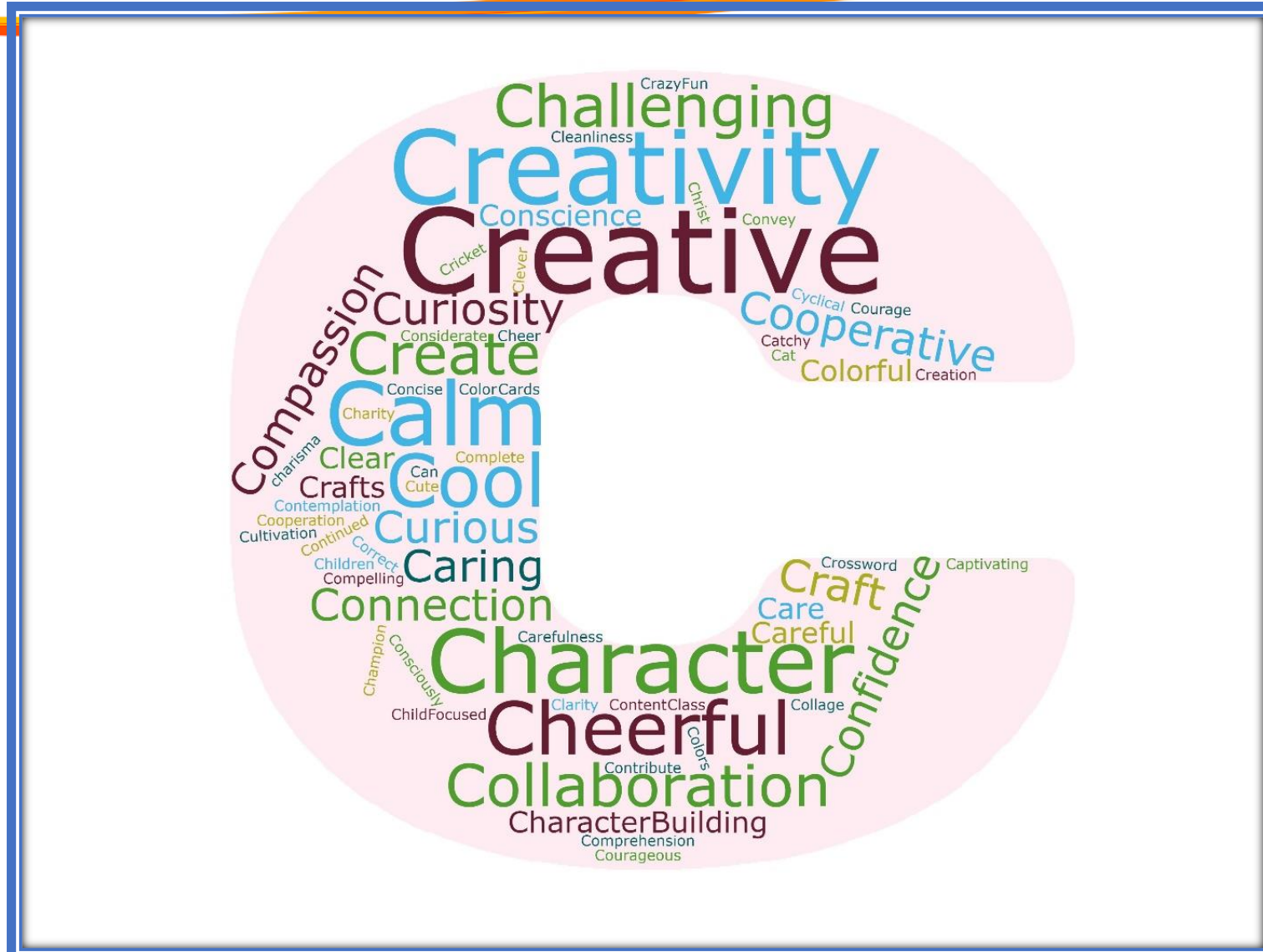


<b>Stationery</b>	<b>Please bring any 5 to 7</b>
Pencil Pen Markers/Color pencil Permanent marker Cello tape Scissors Ruler Elmer glue	Plain paper-2 / Construction paper-2 / Newspaper – 1-2 sheets Lunch paper bag-2 Cardstock paper – 1-2 Small cardboard box - 1 Skewer stick / knitting needle - 1 String / Yarn / Ribbon (thin) – min 1 yard Tooth picks / popsicle sticks - few Pipe cleaners – few Flameless LED candle - 1

# ACTIVITIES WORD CLOUD

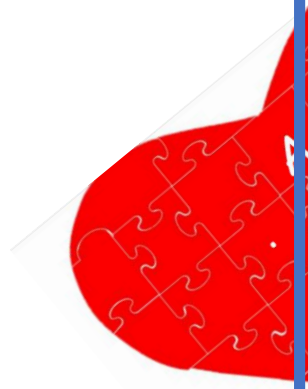
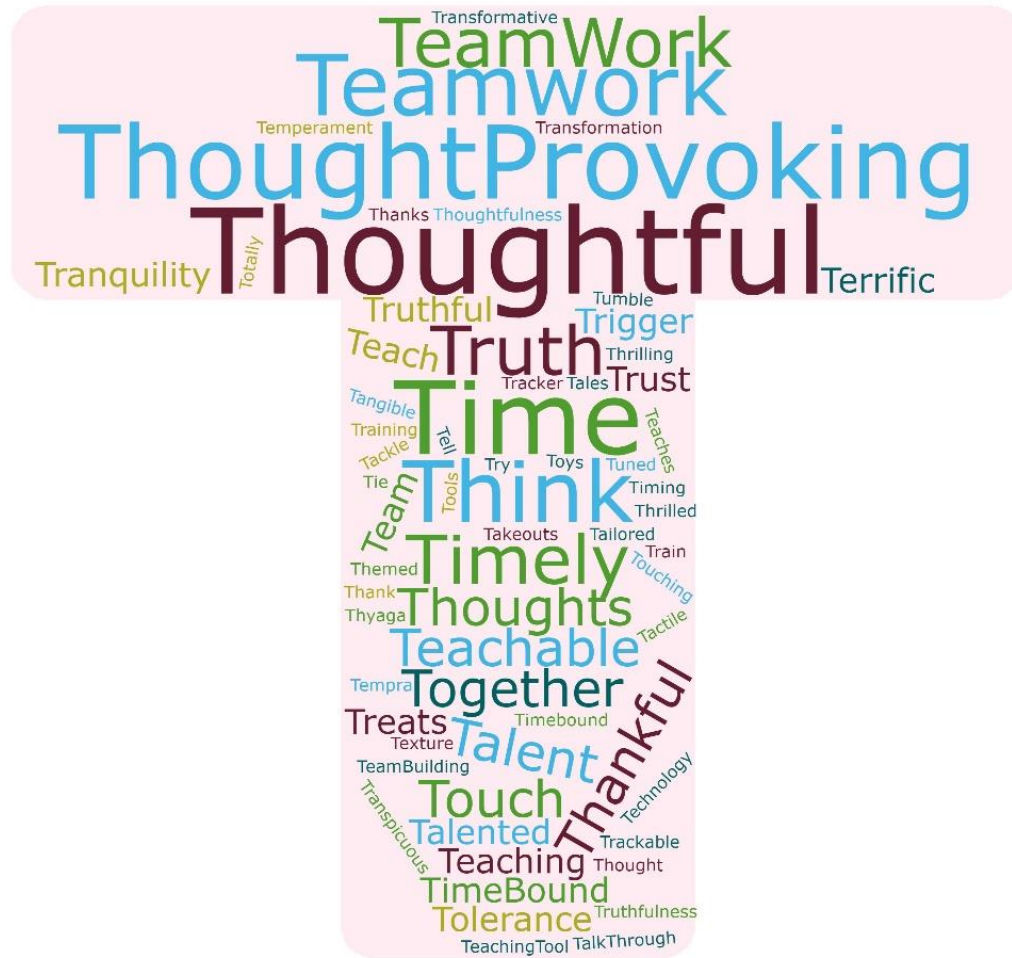


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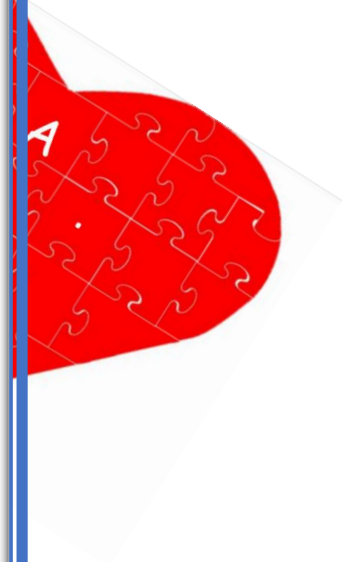
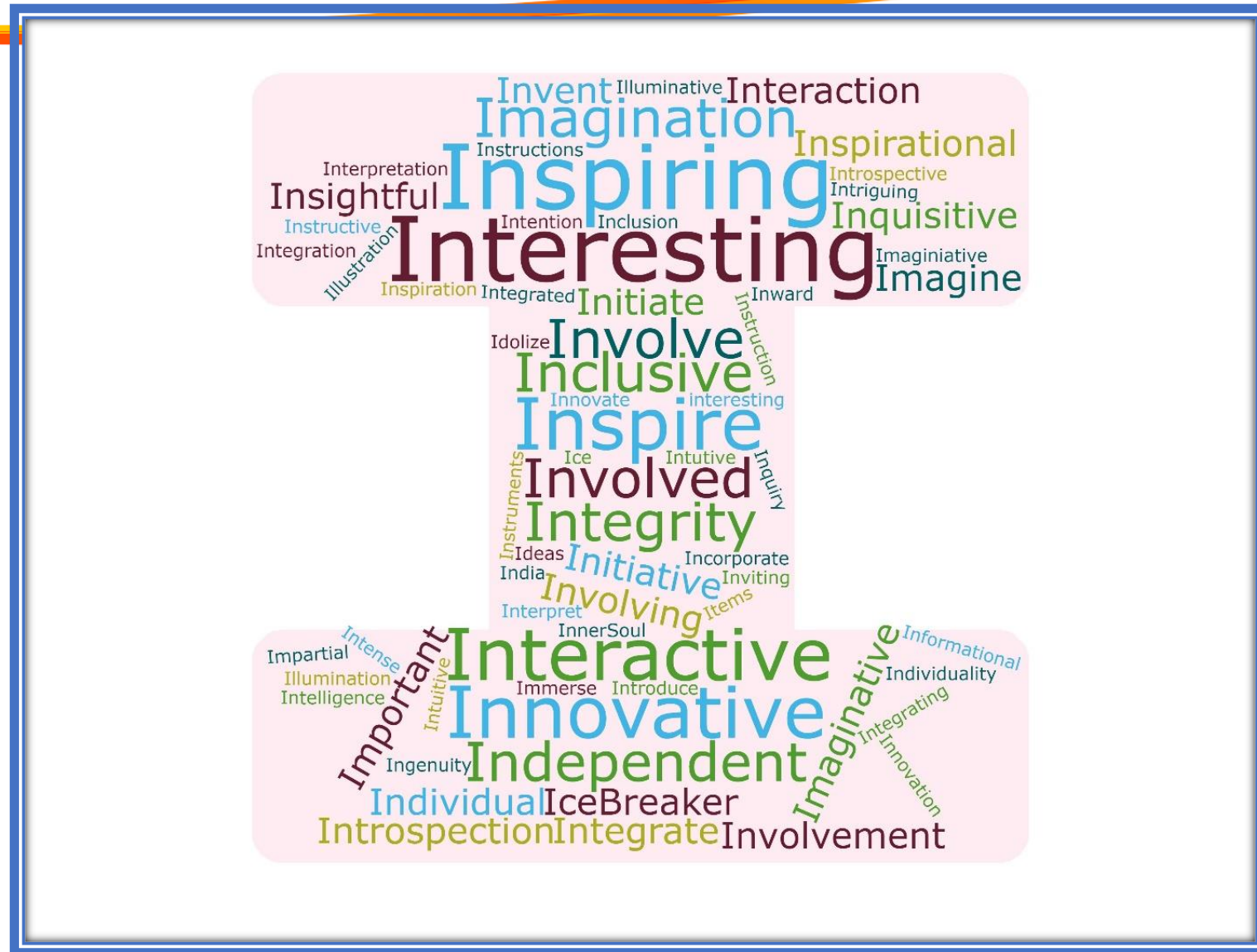




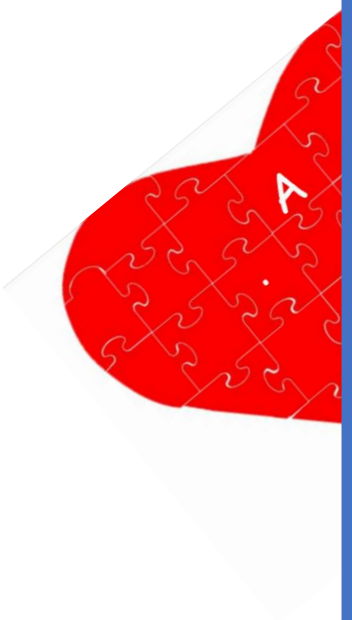
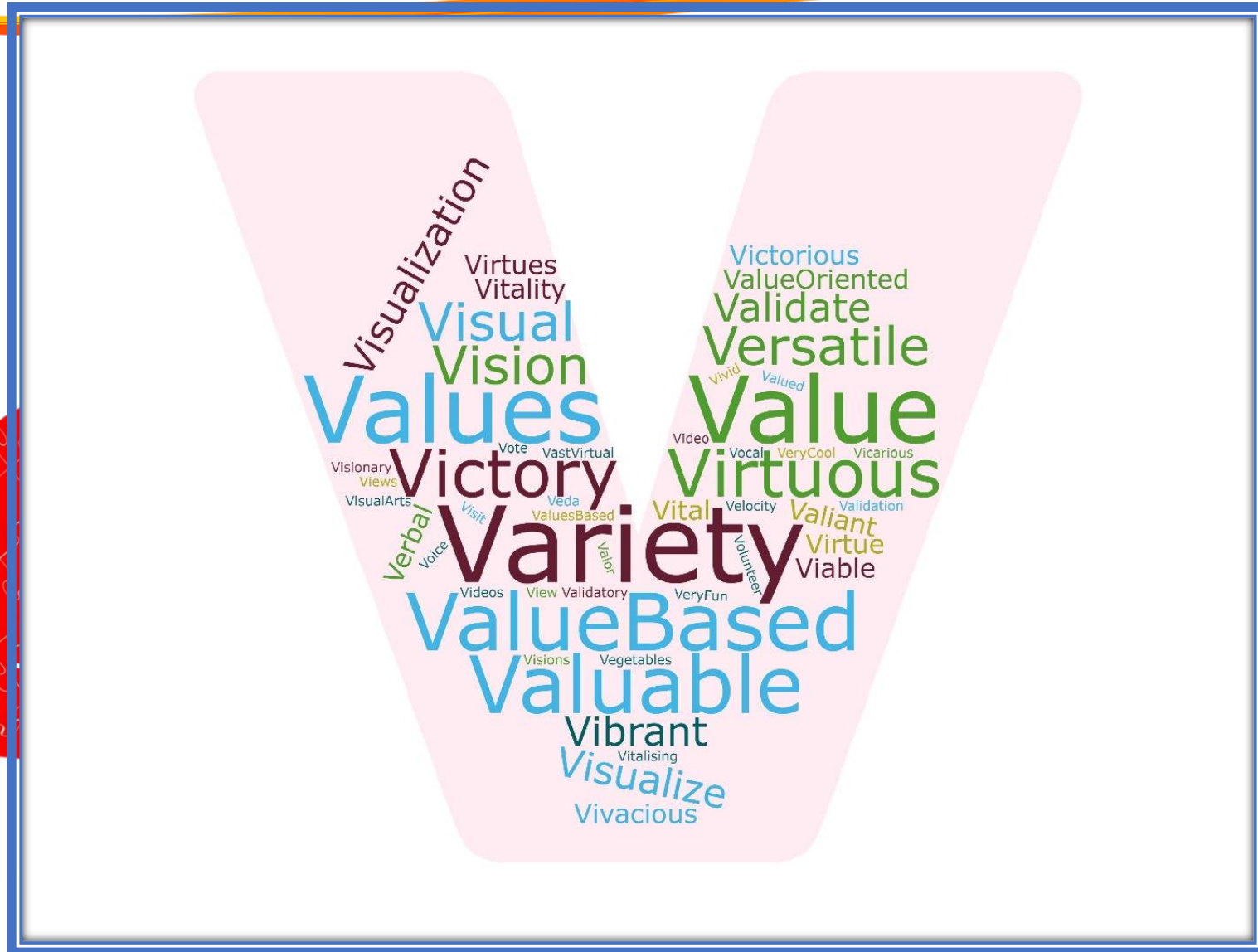
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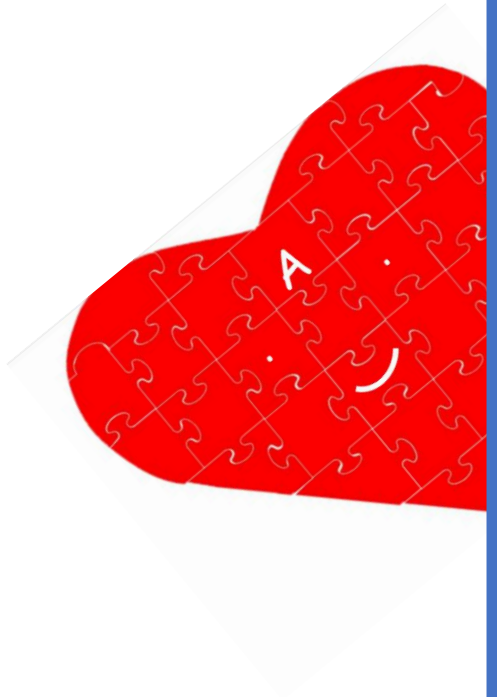
ThoughtProvoking  
Teachable  
Thoughtful  
Teamwork

Think Translate  
Timely  
Thankful  
TimeBound  
Try  
Truthful  
TeamBuilding  
Teaching  
Transformation

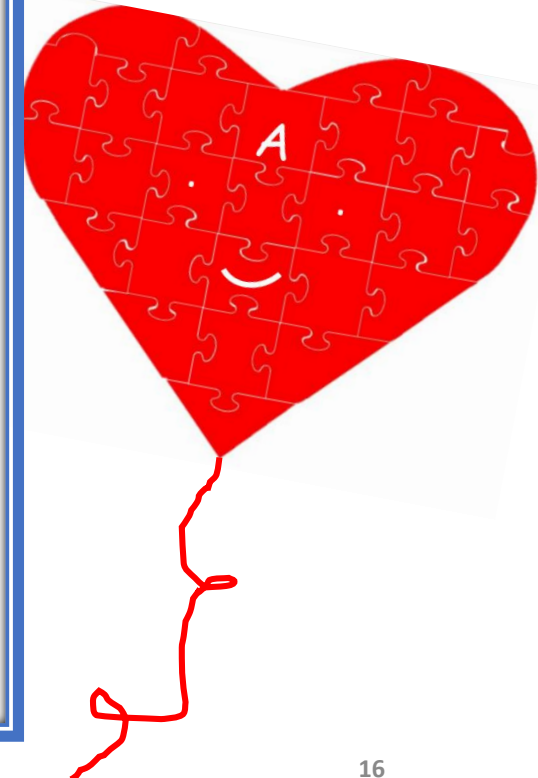




# ACTIVITIES WORD CLOUD



# ACTIVITIES WORD CLOUD





# HANDS-ON ACTIVITY



Please go to your respective Breakout Rooms  
for Hands-on Activity



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