



SSSIO-USA National SSE Enrichment

**Hands on, Heart in
SSE Group 1 - Sathya**

July 10, 2021

Exercise Flowchart



Component of lesson plan

Quote
Story
Life Application
Song



Write down an affirmation/take away

Create an activity based on the given component OR spiritual principle

Time permitting, identify other components while creating activity

Identify the spiritual principle

How do we keep age in mind for activities?



SSE 1



Doing

SSE 2



+ Thinking

SSE 3



+ Planning

SSE 4



+ Integrating

Materials List



Stationary	Please bring any 6-8 items	
Pencil Pen Markers/Color pencil Permanent marker Cello tape Scissors Ruler Elmer glue	Paper Cups – 2 Paper/construction paper – 4 Sugar – 4 tsp Salt – 1 tsp Water – 1 bottle Seeds to sprout – ¼th cup Books – 4 Stuffed Toy – 1 to 2 Crackers/Bread – 4	Cheese – 2 slices Jam – 4 tsp Bowl – 1 Sponge (dish sponge) – 1 Fruits – 3-4 Yarn – 1-2 feet Pipe Cleaners – few Popsicle sticks – few

Demo Activity - Affirmation



God is omnipresent, despite being
unable to see him.

Demo Activity – Video Demonstration



Activity Video



Application

Even though you couldn't see the wind or air, you know it still exists since you were able to move the M&Ms!

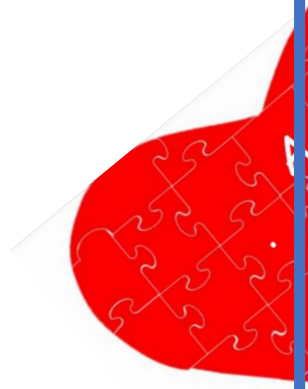
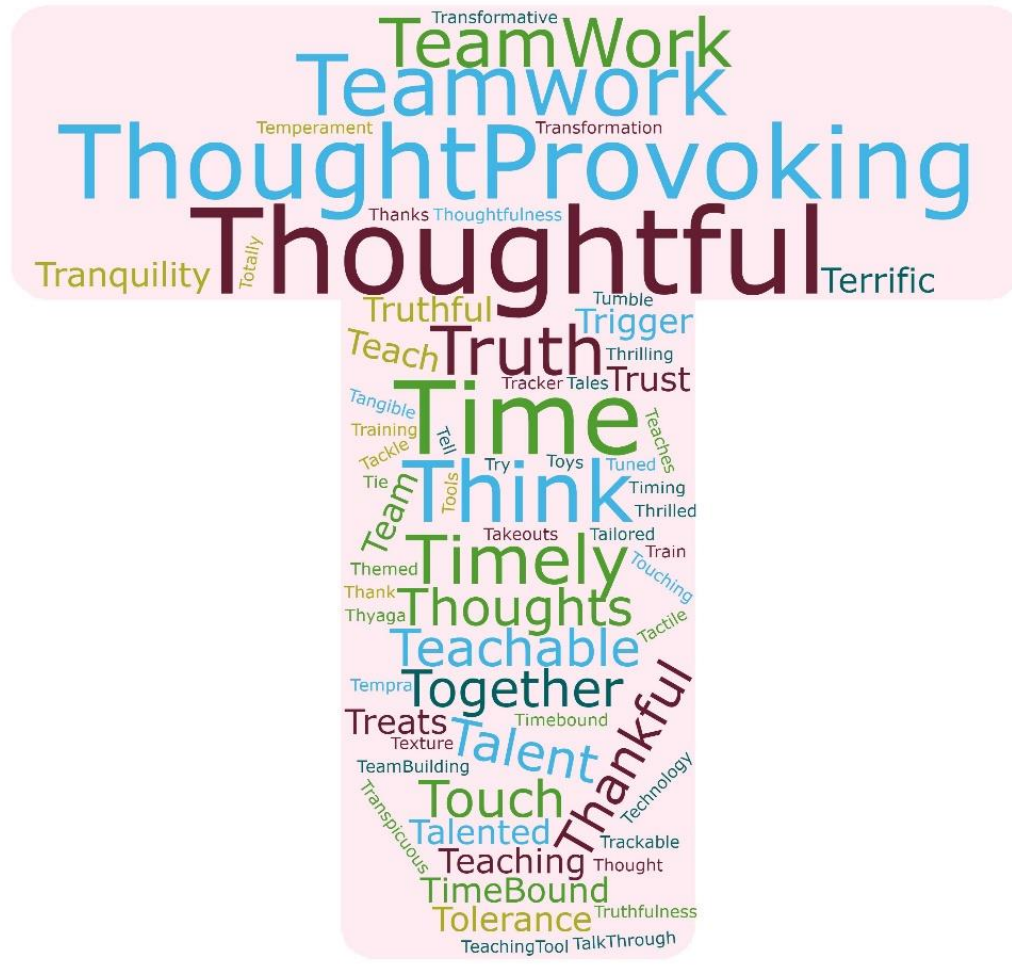
Similarly, even though you may not be able to see God or Swami everywhere, He is still everywhere!

Also, if you put in any effort, Swami recognizes and blesses you with the results.

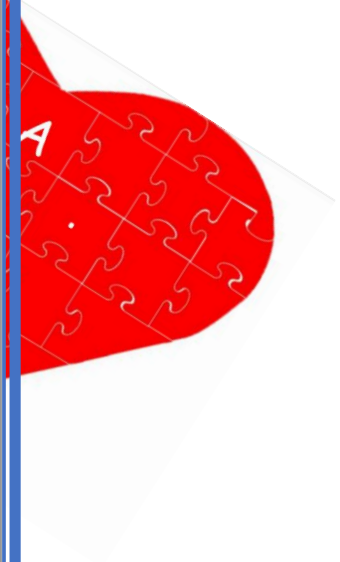
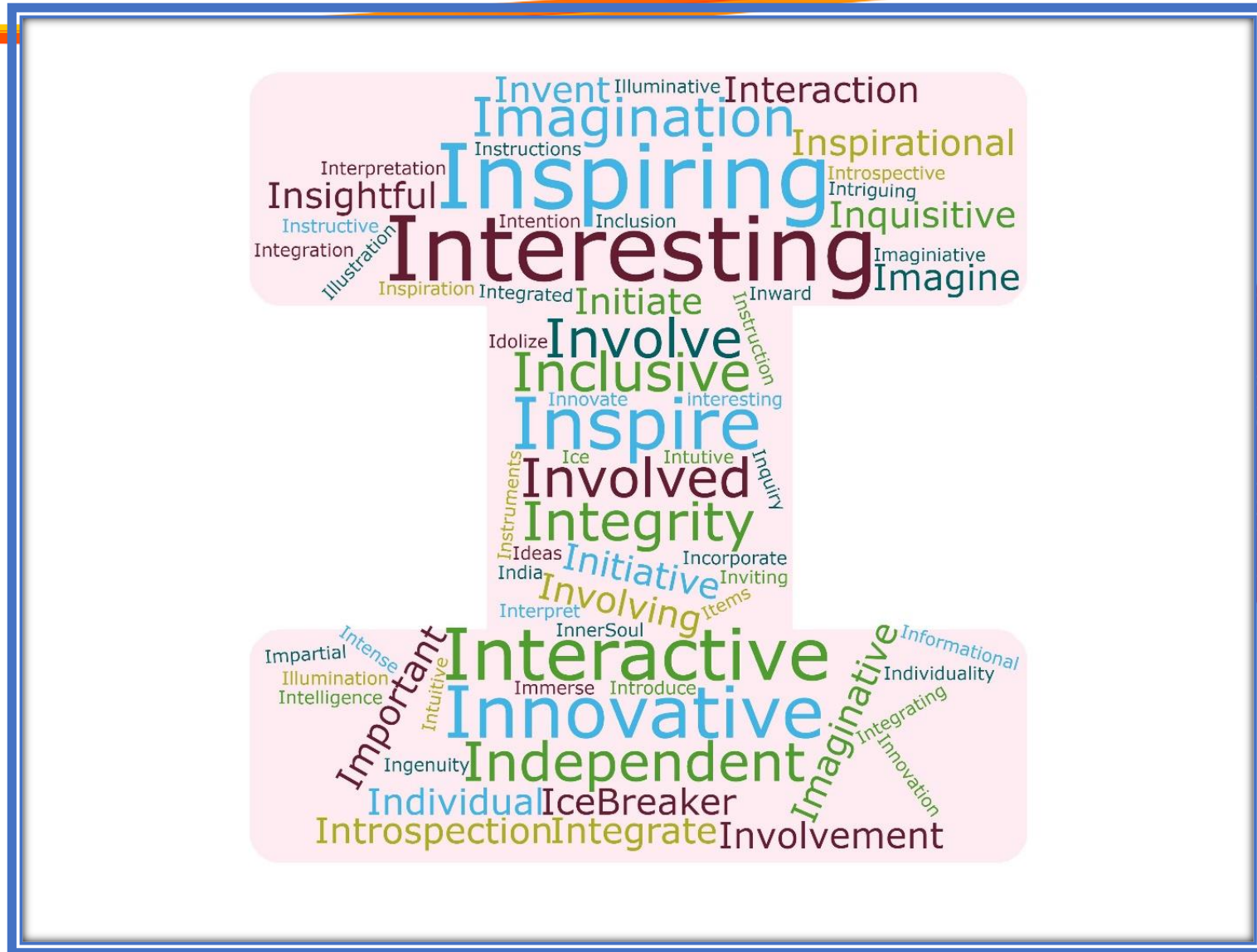
ACTIVITIES WORD CLOUD



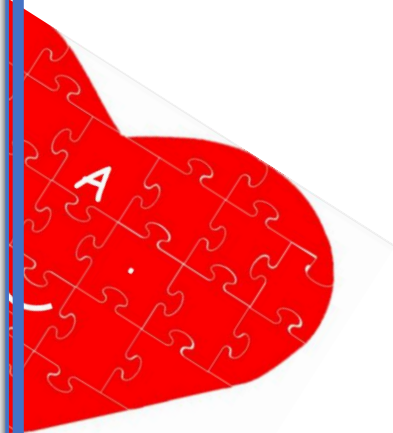
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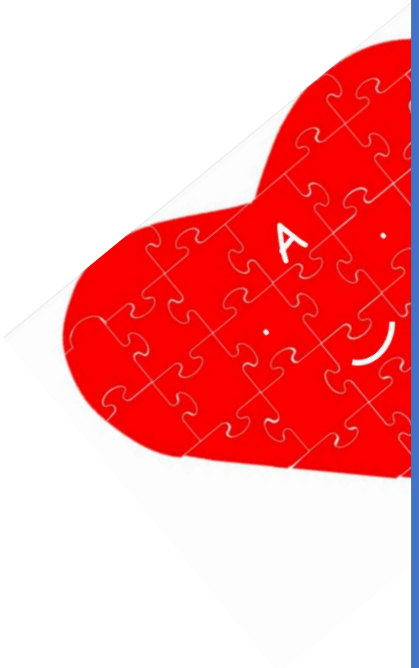


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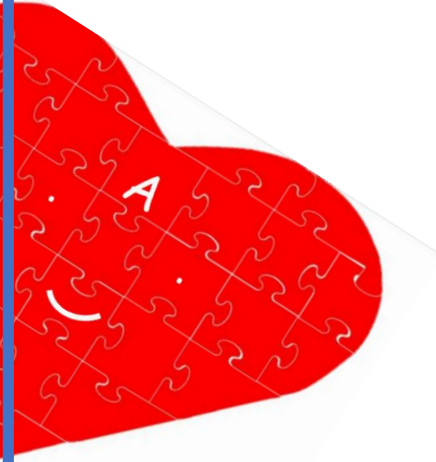
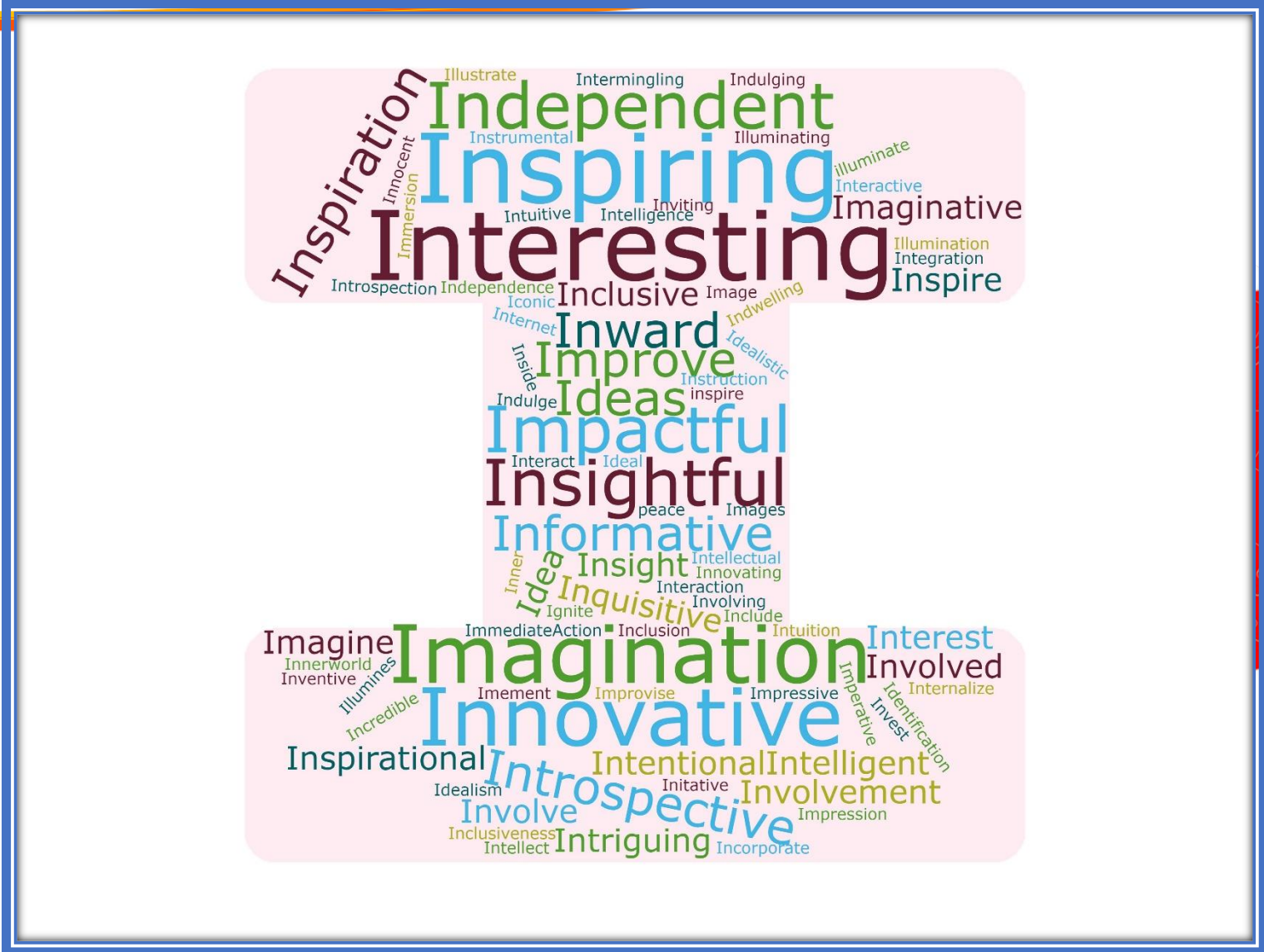


ThoughtProvoking
Teachable
Thoughtful
Teamwork

Think Translate
Timely
Thankful
TimeBound
Try
Truthful
TeamBuilding
Transformation



ACTIVITIES WORD CLOUD



Hands-On Activity



Please go to your respective Breakout Rooms
for the Hands-on Activity



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